

## Section 65 Outpatient Therapy Submission Guidelines – Registrations and CSR's

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The following is a guide submitting Registrations and Continued Stay Reviews (CSRs) for Outpatient Therapy.

### **Registration:**

- Verify that you have the correct member, and the correct Requesting and Servicing NPI numbers.
  
- **Service Type:** Section 65
  
- **Request Type:** Registration
  
- **Procedure Codes:**
  - **Code:** H2000
  - **Length of Service:** Up to 30 days
  - **Quantity:** Up to 8 units
  
  - **Code:** H0004/H0004HQ (Mental Health)
  - **Length of Service:** Up to 365 days
  - **Quantity:** Up to 72 units
  
  - **Code:** H0004/H0004HQ (Substance Abuse)
  - **Length of Service:** Up to 280 days
  - **Quantity:** Up to 3 hours per week

**Please Note:** There are several different descriptors for Outpatient therapy. Once you select H2000/H0004 from the FIND/SEARCH, and then select the correct descriptor from the drop down: Child or Adult, Agency or Independent; Mental Health or Substance abuse, for example.

- **Diagnosis:** Enter in the diagnosis for the member, if known at time of registration.
  
- **Clinical Information:** No information is needed in this section

- **ADDITIONAL UNITS:** *If additional units are needed during the Registration, please request the needed units and rationale in the “Clinical Information” section of the current authorization. At that time, an eligible diagnosis and a current active treatment plan is required.*

- **Attached Documents:** None
- **Questionnaire:** No questionnaire is attached to the Registration
- **Clinical Information:** No information is needed in this section
- **Attached Documents:** If applicable

**Continued Stay Reviews:**

**Enter in the Case ID of the Registration and click on extend.**

- **Service Type:** Section 65
- **Request Type:** Continued Stay Review
  - **Code:** H0004/H0004HQ (Mental Health)
  - **Length of Service:** Up to 180 days
  - **Quantity:** Up to 208 units (2 hours per week)
  
  - **Code:** H0004/H0004HQ (Substance Abuse)
  - **Length of Service:** Up to 70 days
  - **Quantity:** Up to 3 hours per week
- **Diagnosis:** An eligible diagnosis is required.
- **Clinical Information:** No information is required in this section
- **Attached Documents:** Upload the member’s current treatment plan

- **Questionnaire:** Fill out the questionnaires in their entirety. The questionnaires ask all the information that is required to determine medical necessity, including the continued need for this level of care, how lack of progress will be addressed, family involvement, and how the units will be used in the upcoming authorization period, as well as other information needed to process the request.
  
- **Behavioral Therapies for Disruptive Behavior Disorders**
  - **Eligibility for Behavioral Therapies:** Eligible members must be aged birth to twelve and have clinically significant disruptive behaviors that lead to functional impairment in one of more domains as determined by comprehensive assessment and standardized assessment tools, such as the ECBI, Vanderbilt, CBCL/CASII, Parent Stress Index (PSI), CAFAS, CANS or YOQ or Parent Stress Index scores indicate significant parent distress, dysfunctional parent-child relationship, and/or difficult child behavior in the clinical range.
    - Members must be referred by their physician or other clinicians
  - **The Triple P- Positive Parenting Program:** A parenting and family support system designed to prevent and treat social, emotional and behavior problems in children. The program aims to equip parents with the skills and confidence they need to be able to successfully manage family issues self-sufficiently within a self-regulatory model.
    - Procedure codes: T1027 HA Triple P 1:1, T1027 HAHQ- UN Triple P- Group 2-4 members, T1027 HAHQ-UR Triple P-Group 5-7 members and T1027 HAHQ-US Triple P-Group 8+ members.  
Group is typically 9 weeks (5-6 weekly sessions and up to 3 phone sessions at home)
  - **The Incredible Years Series:** A set of interlocking and comprehensive training programs for parents, teachers, and children with the goals of treating aggressive behavior and disruptive behavior disorders. The Incredible Years is broken up into five parenting programs that target key developmental stages.
    - Baby Program: Designed for infants from birth to twelve months. This program consists of nine to twelve sessions.

- Toddler Basic Program: Designed for toddlers aged on to three years. This program is twelve to thirteen sessions.
- Preschool Program: Designed for children aged three to six years. This program is eighteen to twenty sessions.
- School Age Basic Program: Designed for children aged six to twelve years. This program is twelve to twenty sessions.
- Advanced Parenting Program: Designed for children aged four to twelve years, this program focuses on parental interpersonal problems. This program is nine to eleven sessions intended for parents who have completed a basic program only.
- Procedure codes: T1027 TJHQ-UN Incredible Years-Group 2-4 members, T1027 TJHQ-UR Incredible Years- Group 5-7 members. T1027 TJHQ-US Incredible Years- Group 8+ members
- **Parent- Child Interaction Therapy (PCIT):** An evidence-based treatment for young children with disruptive behavior disorders that places emphasis on improving the quality of the parent- child relationship and changing parent-child interaction patterns. Children and their parents/caregivers are seen together and most of the session time is spent coaching caregivers in the application of specific therapy skills. Treatment is broken into two phases, each with teaching live coaching sessions.
  - PHASE 1: Child-Directed Interaction (CDI): During the first phase of treatment, parents/caregivers are taught play therapy skills as a way to interact with their children in a positive and consistent manner.
  - Phase 2- Parent Directed Interaction (PDI): During the second phase of treatment, parents/caregivers are taught specific discipline techniques, such as time- out procedures that are consistent and predictable.
  - Procedure Codes: T1027HO Parent-Child Interaction Therapy (PCIT) 1:1
- **Trauma Focused Cognitive Behavioral Therapy (TF-CBT):** TF-CBT is a targeted psychotherapeutic approach that helps children and adolescents address the negative effects of traumatic stress. TF-CBT incorporates the opportunity for conjoint therapy with

parents/caregivers and the child, in which parents/caregivers can learn about the impact of trauma on children, learn how to support positive coping and affect regulation skills in their child, develop effective communication with their child, support the child in processing traumatic memories, and enhance the child's sense of safety.

- Procedure Codes: H0004 ST Outpatient Services-Trauma Focused Cognitive Behavioral Therapy